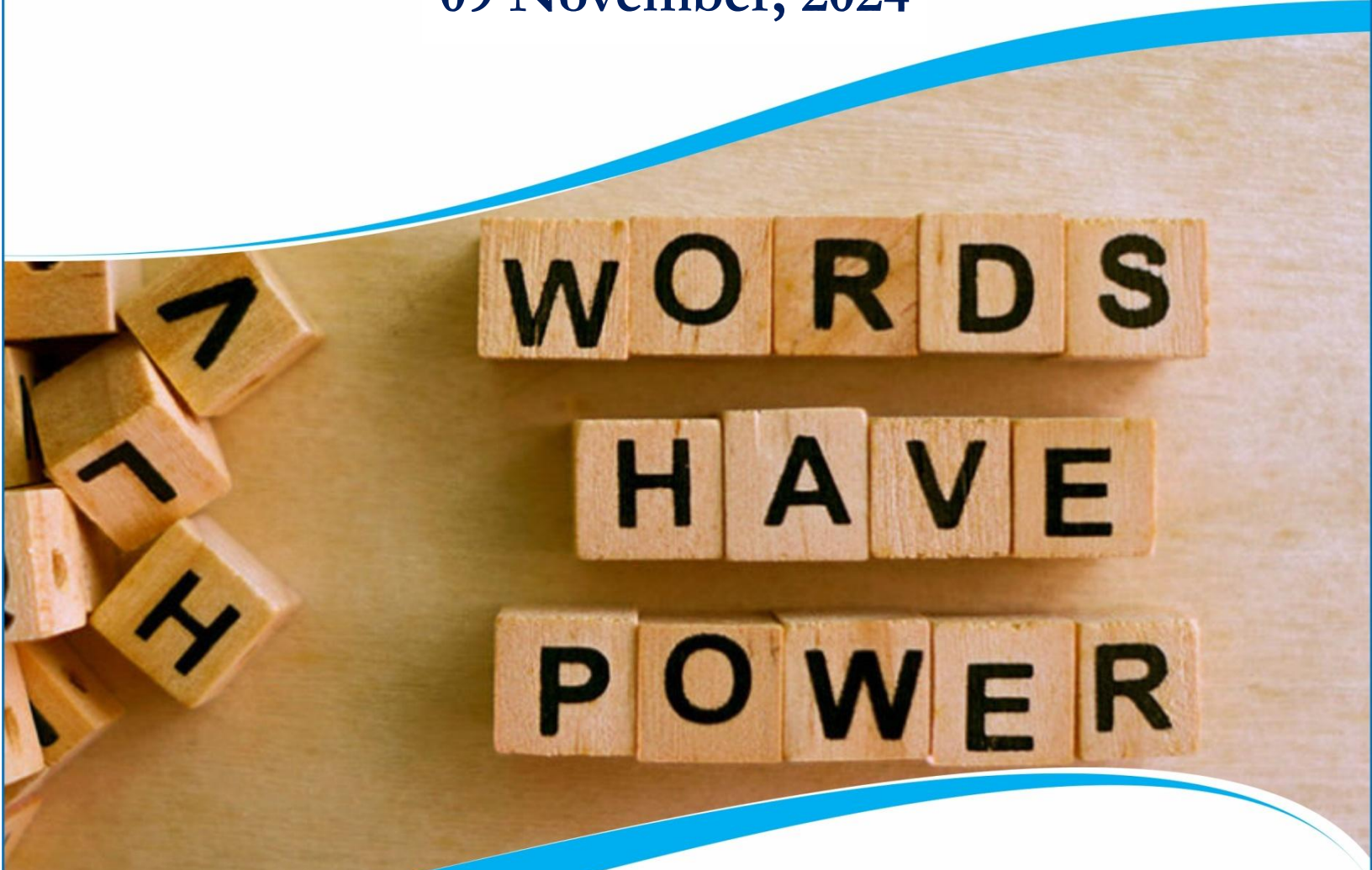
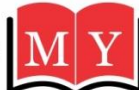


# DAILY VOCAB DOSE

21 January, 2025



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Exceptional words of English vocabulary from the newspaper 'The Hindu' are listed here. Go through these words and read the usages to learn how to use them in sentences. After this, take the quiz based on the vocabulary to check how much you learnt. This will really help you boost up your learning.

**Happy learning!!!**

### 1. RESENT(verb) : क्रोध करना

**Pronunciation:** ruh.zent

**Meaning:** Feel bitterness or indignation at a circumstance, action, or person.

**Synonyms:** Begrudge, dislike, envy

**Antonyms:** Accept, forgive, welcome

**Example:** He began to resent the constant interruptions during his holiday break.

### 2. STEEPED(adjective): डूबी

**Pronunciation:** steep

**Meaning:** Completely surrounded by or filled with a quality or influence.

**Synonyms:** Immersed, soaked, saturated

**Antonyms:** Deprived, lacking, devoid

**Example:** The traditions were steeped in history, making them deeply meaningful.

### 3. EXTRAVAGANT(adjective): फिजूलखर्ची

**Pronunciation:** uhk.stra.vuh.gnt

**Meaning:** Lacking restraint in spending resources; excessive or over-the-top.

**Synonyms:** Lavish, excessive, luxurious

**Antonyms:** spare, frugal, economical

**Example:** Her extravagant holiday decorations were admired by the entire neighborhood.

### 4. PROLIFIC(adjective): उर्वर

**Pronunciation:** pruh.li.fik

**Meaning:** Producing abundant results, works, or offspring.

**Synonyms:** Productive, creative, fertile

**Antonyms:** Unproductive, barren, sparse

**Example:** The prolific author managed to write several bestsellers in just a few years.

### 5. BURNOUT(noun): खराब हुए

**Pronunciation:** buhn.awt

**Meaning:** A state of emotional, physical, and mental exhaustion caused by prolonged stress.

**Synonyms:** Exhaustion, fatigue, weariness

**Antonyms:** Vitality, energy, enthusiasm

**Example:** His burnout from overworking made him realize the importance of rest.

## 6. FRAGILE (adjective): कमज़ोर

**Pronunciation:** fra.jile

**Meaning:** Easily broken, damaged, or vulnerable.

**Synonyms:** Delicate, weak, frail

**Antonyms:** Strong, robust, durable

**Example:** She felt emotionally fragile after months of stress and overwork.

## 7. CLICHE (noun): घिसी-पिटी बात

**Pronunciation:** klee.shay

**Meaning:** An overused phrase or idea that lacks originality.

**Synonyms:** Platitude, stereotype, banality

**Antonyms:** Originality, novelty, innovation

**Example:** The phrase "work hard, play hard" has become a cliche in modern workplaces.

## 8. STRIVING (verb): प्रयास

**Pronunciation:** strai.ving

**Meaning:** Making great efforts to achieve or obtain something.

**Synonyms:** Endeavoring, attempting, struggling

**Antonyms:** Idling, relaxing, lounging

**Example:** She was always striving for perfection, which left her feeling drained during the holidays.

## 9. INUNDATED (verb): बाढ़

**Pronunciation:** i.nuhn.dayt.uhd

**Meaning:** To be overwhelmed with a large amount of something, such as tasks or messages.

**Synonyms:** Overwhelmed, flooded, swamped

**Antonyms:** Underwhelmed, unburdened, relaxed

**Example:** She was inundated with holiday requests from friends and family, making it hard to enjoy the season.

## 10. SUPINE (adjective): लापरवाह

**Pronunciation:** soo.pine

**Meaning:** lying on your back with your face facing upwards

**Synonyms:** passive, feeble, docile

**Antonyms:** capable, effective, defiant

Sentence: He was lying supine on the couch.

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