

# **DAILY** **VOCAB DOSE**

05<sup>th</sup> July 2025

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Exceptional words of English vocabulary from the newspaper 'The Hindu' are listed here. Go through these words and read the usages to learn how to use them in sentences. After this, take the quiz based on the vocabulary to check how much you learnt. This will really help you boost up your learning.

**Happy learning!!!**

### 1. CONSERVATISM (NOUN): रूढ़िवाद

**Pronunciation:** nkuhn·suhv·uh·ti·zm

**Meaning:** the disapproval of new ideas and change.

**Synonyms:** conservativeness, bigotry, fogginess

**Antonyms:** Liberalism, progressivism, radicalism

**Sentence:** His views on social issues reflect his deep conservatism and resistance to change.

### 2. DISCONCERT (VERB): चिंताजनक

**Pronunciation:** dis·kuhn·suht

**Meaning:** disturb the composure of; unsettle.

**Synonyms:** confuse, fluster, rattle

**Antonyms:** relieve, soothe, comfort

**Sentence:** John would disconcert his parents by not coming home after school.

### 3. ADDLED (ADJECTIVE): व्याकुल

**Pronunciation:** a·dld

**Meaning:** unable to think clearly; confused.

**Synonyms:** dazed, bewildered, confused

**Antonyms:** conscious, clearheaded, alert

**Sentence:** Because my grandmother is in her mid-nineties, she is a bit addled at times and requires the aid of a personal caregiver.

### 4. CATHARSIS(NOUN): विरेचन

**Pronunciation:** kuh·thaa·suhs

**Meaning:** the process of releasing strong emotions through a particular activity or experience, such as writing or theatre, in a way that helps you to understand those emotions.

**Synonyms:** Emotional release, purgation

**Antonyms:** Suppression, inhibition, repression

**Sentence:** Crying is a great catharsis for releasing pain and anger.

### 5. FOLLY (NOUN): मूर्खता

**Pronunciation:** faw·lee

**Meaning:** an act that is not sensible and may have a bad result.

**Synonyms:** insanity, idiocy, absurdity

**Antonyms:** wisdom, prudence, discretion

**Sentence:** It was sheer folly to invest all his money in a risky business venture without proper research and planning.

## 6. JOCUND (ADJECTIVE): प्रफुल्ल

**Pronunciation:** joh·knd

**Meaning:** cheerful and lighthearted, in a happy mood.

**Synonyms:** merry, jolly, festive

**Antonyms:** melancholy, sorrowful, sad

**Sentence:** As soon as I walked towards the front door of the luxury hotel, a jocund doorman greeted me with a smile.

## 7. DILATION (NOUN): फैलाव

**Pronunciation:** dai·lay·shn

**Meaning:** the action or condition of becoming or being made wider, larger, or more open.

**Synonyms:** dispersion, expansion, inflation

**Antonyms:** contraction, decrease, lessening

**Sentence:** The doctor will repair the narrowed vessels by inserting a tube to dilate them.

## 8. CURTAIL (VERB): घटाना

**Pronunciation :** kuh·tayl

**Meaning:** to reduce or restrict; to cut short or diminish.

**Synonyms:** Reduce, decrease, limit

**Antonyms:** Expand, increase, extend, amplify

**Sentence:** The company had to curtail its expenses in order to stay within the budget.

## 9. REDRESS (VERB/NOUN): सुधार करना

**Pronunciation:** ruh·dres

**Meaning:** to correct something that is wrong or unfair.

**Synonyms:** reparation, damages, refund

**Antonyms:** Aggravate, worsen, exacerbate

**Sentence:** The organization is working towards providing redress to the victims of the fraud.

## 10. WANTON (ADJECTIVE): प्रचंड

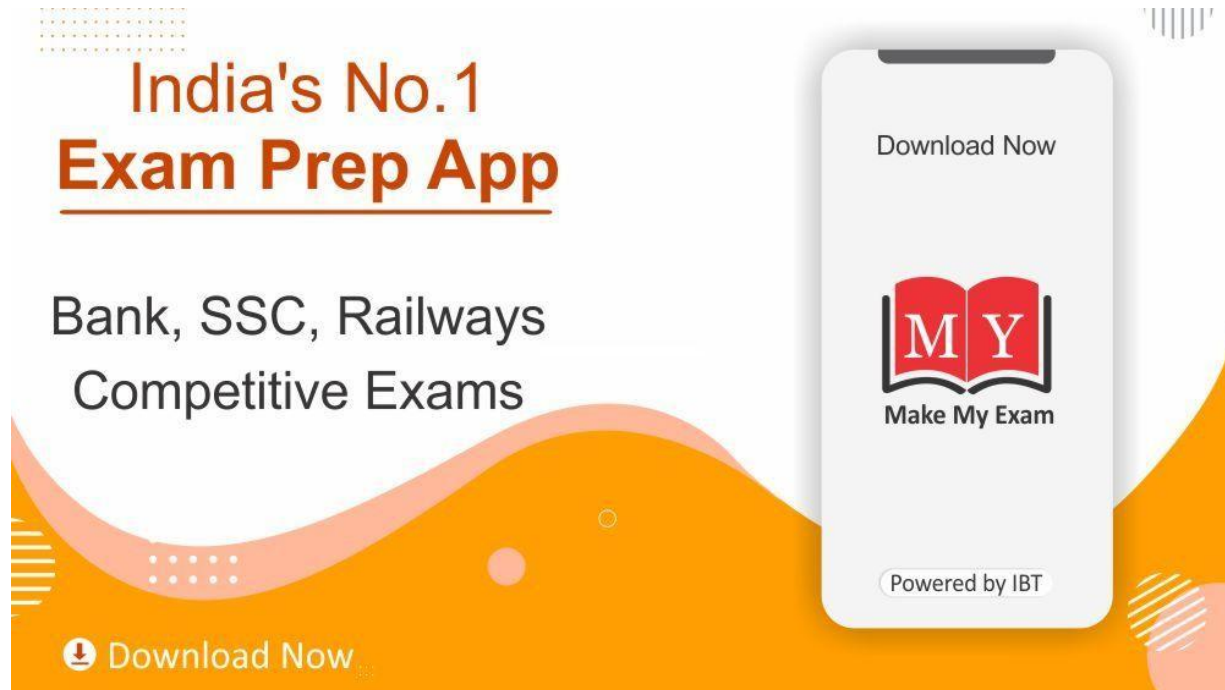
**Pronunciation:** vawn·tn

**Meaning:** (used about an action) done in order to hurt somebody or damage something for no good reason.

**Synonyms:** Reckless, malicious, cruel

**Antonyms:** Careful, responsible, conscientious

**Sentence:** The wanton destruction of the property angered the community.



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