THE DAILY GK DOSE

Lonar Lake Added to IUGS Geological Heritage List



- The recognition was announced by the International Union of Geological Sciences (IUGS) at the IUGS Geoheritage Event in Algarve, Portugal.
- Lonar Lake Impact Crater, located in Buldhana district, Maharashtra, has been included in the Third 100 IUGS Geological Heritage Sites.
- Lonar Lake also recognised as Ramsar Site 2020 & a National Geological Heritage Monument.

57th International Film Festival of India to Be Held in Goa



- The festival is organised by the National Film Development Corporation (NFDC), Ministry of Information and Broadcasting, in collaboration with the Government of Goa and the Entertainment Society of Goa.
- The theme of the 57th edition is “Stories Without Borders”.
- IFFI was established in 1952 and is recognised as one of Asia's oldest international film festivals.

India Inaugurates 12th NDRF Battalion Campus



- Union Home Minister Amit Shah inaugurated the 12th Battalion campus of the National Disaster Response Force (NDRF) at Hollongi, near Itanagar, Arunachal Pradesh.
- The campus will also provide specialised training to the State Disaster Response Forces (SDRFs) of all eight northeastern states.
- The year 2026 has been declared the Year of Capacity Building for NDRF.

Shekhar C. Mande Appointed to UN's 10-Member Group

- Professor Shekhar C. Mande, President of the Indian National Science Academy (INSA), has been appointed by UN Secretary-General António Guterres to the UN's 10-Member Group on Science, Technology and Innovation (STI) for Sustainable Development Goals (SDGs).
- He is the only Indian representative appointed to UN's 10-Member Group for 2026–2028 term.
- The group comprises experts from India, Ghana, Italy, Sweden, Brazil, Russia, Japan, China, Maldives and Nigeria.

Dr Colleen Begg Wins 2026 Prince William Award

- Dr Colleen Begg, co-founder and Managing Director of the Niassa Carnivore Project (NCP) in Mozambique, has won the 2026 Prince William Award for Conservation in Africa.
- Dr Colleen Begg became the first woman to receive Prince William Award for Conservation in Africa since its establishment in 2013.
- Raabia Hawa (Kenya) received the Tusk Award for Conservation in Africa, while Daniel Yiankere won Tusk Wildlife Ranger Award.

43rd IndianOil SERVO Surjit Hockey Tournament Held in Jal.



- The tournament is organised by the Surjit Hockey Society, Jalandhar, with IndianOil as the title sponsor.
- A total of 13 teamsare participating, including IndianOil Mumbai, Bharat Petroleum Mumbai, Indian Navy, BSF Jalandhar, PNB Delhi, CAG Delhi, RCF Kapurthala, CRPF Delhi, Army XI, Punjab Police, Punjab & Sind Bank, Indian Air Force and Indian Railways.
- The winning team will receive a cash prize of ₹6 lakh, sponsored by Gakhal Group, USA.

Anupama Ramachandran Retains IBSF World Women's Snooker Title



- Indian cueist Anupama Ramachandran successfully defended her IBSF World Women's Snooker Championship title in Indore, Madhya Pradesh, becoming the first Indian woman to win back-to-back titles.
- She defeated So Man Yan of Hong Kong, China, 3–1 in the final.
- She won a prize money of US$4,000.

Pooja Pal Wins INSPIRE Award for Low-Cost Threshing Machine



- Pooja Pal, a 17-year-old student from Agehra village in Barabanki district, Uttar Pradesh, developed a low-cost, dust-free threshing machine to reduce air pollution during agricultural operations.
- She received the INSPIRE Award, presented by the Department of Science and Technology (DST), Ministry of Science and Technology.
- In December 2025, she also received the Pradhan Mantri Rashtriya Bal Puraskar 2025 from President Droupadi Murmu for her innovative contribution.

VITAMINS: CHEMICAL NAMES & DEFICIENCY DISEASES

Vitamin A – Retinol: Night Blindness

Vitamin B1 – Thiamine: Beriberi

Vitamin B6 – Pyridoxine: Anaemia, Dermatitis

Vitamin B9 – Folic Acid (Folate): Megaloblastic Anaemia

Vitamin B12 – Cyanocobalamin: Pernicious Anaemia

Vitamin C – Ascorbic Acid: Scurvy

Vitamin D – Calciferol: Rickets (Children), Osteomalacia (Adults)

WHAT HAPPENED TODAY?

23-11-2026 / MONDAY

23 November – Death Anniversary of Sir Jagadish Chandra Bose (1937): Renowned Indian scientist known for his contributions to physics, radio science and plant physiology.