

# DAILY VOCAB DOSE

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Exceptional words of English vocabulary from the newspaper 'The Hindu' are listed here. Go through these words and read the usages to learn how to use them in sentences. After this, take the quiz based on the vocabulary to check how much you learnt. This will really help you boost up your learning.

**Happy learning!!!**

### 1.AGGRIEVED(ADJECTIVE): पीड़ित

**Pronunciation:**uh•greevd

**Meaning:** upset or angry at being treated unfairly.

**Synonyms:**dissatisfied, frustrated, unhappy

**Antonyms:** pleased, glad, content

**Sentence:**They were aggrieved at the outcome.

### 2.SHAMBLE(VERB): भद्दी चाल

**Pronunciation:**sham•blz

**Meaning:** a state of complete disorder or confusion.

**Synonyms:** lumber, totter, shuffle

**Antonyms:** run, sprint, neat

**Sentence:**He shambled off down the corridor.

### 3.ABEYANCE(NOUN): आस्थगन

**Pronunciation:**uh•bay•uhns

**Meaning:** a state of temporary disuse or suspension.

**Synonyms:** suspense, remission, latency

**Antonyms:** in hand, under way, resume

**Sentence:**Matters were held in abeyance pending further enquiries.

### 4.BENIGN(ADJECTIVE): सौम्य

**Pronunciation:**buh•nine

**Meaning:** (used about people) kind or gentle.

**Synonyms:** mild, gentle, calm

**Antonyms:** harsh, unfriendly, hostile

**Sentence:**The climate becomes more benign as we move nearer to the Black Sea.

### 5.RESUMPTION(NOUN): पुनरारंभ

**Pronunciation:**ruh•zuhmp•shn

**Meaning:** beginning again or continuing after a pause or interruption.

**Synonyms:** restarting, reopening, recommencement

**Antonyms:** suspension, abandonment

**Sentence:** We are hoping for an early resumption of peace talks

### 6.EXODUS(NOUN): निर्गमन

**Pronunciation:** ek•suh•duhs

**Meaning:** a situation in which many people leave a place at the same time.

**Synonyms:** withdrawal, evacuation, leaving

**Antonyms:** arrival

**Sentence:** The condemnation gave rise to an exodus to Rome.

### 7. STRAINED (ADJECTIVE): तनावपूर्ण

**Pronunciation:** straynd

**Meaning:** worried because of having too much to deal with.

**Synonyms:** constrained, laboured

**Antonyms:** natural, real, right

**Sentence:** She gave a strained laugh.

### 8.MERITORIOUS(ADJECTIVE): सराहनीय

**Pronunciation:** meh.ruh.toh.ree.uhs

**Meaning:** deserving great praise or reward; having merit.

**Synonyms:** laudable, commendable, worthy

**Antonyms:** worthless, censurable, pitiable

**Sentence:** I got a medal for my meritorious conduct.

### 9.CRAMP(VERB): ऐंठन

**Pronunciation:** kramp

**Meaning:** a sudden pain that you get in a muscle, that makes it difficult to move.

**Synonyms:** impede, inhibit, hamper

**Antonyms:** facilitate, spur, edge

**Sentence:** Tighter rules cramp economic growth.

### 10.DEFAMATION(NOUN): मानहानि

**Pronunciation:** deh•fuhm•ay•shn

**Meaning:** the act of harming someone's reputation by saying or writing bad things about them.

**Synonyms:** slander, calumny, libel

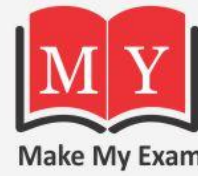
**Antonyms:** commendation, praise, acclaim

**Sentence:** She sued him for defamation.

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