

# **DAILY** **VOCAB DOSE**

18<sup>th</sup> December 2025

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Exceptional words of English vocabulary from the newspaper 'The Hindu' are listed here. Go through these words and read the usages to learn how to use them in sentences. After this, take the quiz based on the vocabulary to check how much you learnt. This will really help you boost up your learning.

**Happy learning!!!**

### 1. CONSERVATISM (NOUN): रूढ़िवाद

**Pronunciation:** kuhn·suhv·uh·ti·zm

**Meaning:** commitment to traditional values and ideas with opposition to change or innovation.

**Synonyms:** Traditionalism, right-wing, orthodoxy, traditional conservatism

**Antonyms:** Liberalism, progressivism, radicalism

**Sentence:** His views on social issues reflect his deep conservatism and resistance to change.

### 2. DISCONCERT (VERB): चिंता जनक

**Pronunciation:** dis·kuhn·suht

**Meaning:** disturb the composure of; unsettle.

**Synonyms:** confuse, fluster, rattle, unsettle, discomfit, disturb

**Antonyms:** relieve, soothe, comfort, calm

**Sentence:** John would disconcert his parents by not coming home after school.

### 3. ADDLED (ADJECTIVE): व्याकुल

**Pronunciation:** a·dld

**Meaning:** unable to think clearly; confused.

**Synonyms:** dazed, bewildered, confused

**Antonyms:** conscious, clearheaded

**Sentence:** Because my grandmother is in her mid-nineties, she is a bit addled at times and requires the aid of a personal caregiver.

### 4. CATHARSIS (NOUN): विरेचन

**Pronunciation:** kuh·thaa·suhs

**Meaning:** the process of releasing strong emotions through a particular activity or experience, such as writing or theatre, in a way that helps you to understand those emotions.

**Synonyms:** Emotional release, purgation

**Antonyms:** Suppression, inhibition, repression

**Sentence:** Crying is a great catharsis for releasing pain and anger.

### 5. CLOUT (NOUN): अधिकार

**Pronunciation:** klawt

**Meaning:** power, influence, or authority, especially in politics or business.

**Synonyms:** influence, authority, power, domination, supremacy, command

**Antonyms:** powerlessness, weakness, subordination

**Sentence:** The CEO of the company has a lot of clout in the business world.

### 6. STYMIE (VERB): रुकावट डालना

**Pronunciation:** stai·mee

**Meaning:** to hinder, block, or thwart someone or something from making progress or achieving a goal.

**Synonyms:** impede, obstruct, block, hamper, sabotage

**Antonyms:** aid, assist, help, facilitate, promote, support

**Sentence:** The lack of funds has stymied the progress of the project.

### 7. CORROBORATE (VERB): सत्यापन करना

**Pronunciation:** kuh·raw·buh·rayt

**Meaning:** to confirm or give support to a statement or theory.

**Synonyms:** Confirm, Verify, Substantiate, Authenticate, Validate

**Antonyms:** Refute, Contradict, Disprove, Deny, Invalidate

**Sentence:** The research paper included data to corroborate the author's conclusions.

### 8. CONVALESCE (VERB): स्वस्थ होना

**Pronunciation:** kawn·vuh·les

**Meaning:** to recover health and strength after illness; to recuperate.

**Synonyms:** recuperate, recover, heal, improve, rejuvenate.

**Antonyms:** deteriorate, worsen, relapse, regress.

**Sentence:** After being hospitalized for a week, she finally began to convalesce and regain her strength.

### 9. HOSTILITY (NOUN): कड़वापन

**Pronunciation:** uhn·bleh·muhsht

**Meaning:** antagonism

**Synonyms:** bitterness, malevolence

**Antonyms:** friendliness

**Sentence:** They have hostility towards all outsiders.

**10. ERSTWHILE (ADJECTIVE): भूतपूर्व**

**Pronunciation:** uhs·tvile

**Meaning:** former

**Synonyms:** old, past

**Antonyms:** present

**Sentence:** The erstwhile president of the company was loved by all.

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