



Weekly Vocab Dose

06th – 12th July, 2025

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Exceptional words of English vocabulary from the newspaper 'The Hindu' are listed here. Go through these words and read the usages to learn how to use them in sentences. After this, take the quiz based on the vocabulary to check how much you learnt. This will really help you boost up your learning.

Happy learning!!!

1. SPORADIC (ADJECTIVE): छिटपुट

Pronunciation: spuh·ra·duhk

Meaning: occurring irregularly or infrequently; scattered or isolated in occurrence.

Synonyms: occasional, casual, erratic

Antonyms: Regular, constant, frequent

Sentence: The company experienced sporadic power outages throughout the day, causing disruptions in their operations.

2. EXTRAPOLATE (VERB): अनुमान लगाना

Pronunciation: uhk·stra·puh·layt

Meaning: to form an opinion or make a judgement about a situation by using facts that you know from a different situation.

Synonyms: derive, infer, deduce

Antonyms: Disregard, Ignore, Neglect

Sentence: The researchers were able to extrapolate the expected results based on previous experiments.

3. VACILLATE (VERB): संदेह करना

Pronunciation: va·suh·lay

Meaning: to keep changing your ideas or opinions about something, especially in a way that annoys other people.

Synonyms: Hesitate, Waver, Falter

Antonyms: Decide, Commit, Resolve

Sentence: She vacillated between two colleges, unable to decide which one to attend.

4. UNDERGIRD (VERB): समर्थन करना

Pronunciation: uhn·duh·guhhd

Meaning: to provide a strong foundation or support for something, to reinforce or strengthen something.

Synonyms: Bolster, Stay, Support

Antonyms: Undermine, Weaken, Destabilize

Sentence: The team's success is undergirded by their strong work ethic and dedication.

5. SEDULOUS (ADJECTIVE): परिश्रमी**Pronunciation:** seh·joo·luhs**Meaning:** diligent and hardworking.**Synonyms:** Assiduous, industrious, hardworking**Antonyms:** Lazy, idle, careless**Sentence:** Her sedulous efforts paid off when she was promoted to manager after only a year at the company.**6. OSTENSIBLE (ADJECTIVE): प्रकट****Pronunciation:** aw·sten·suh·bl**Meaning:** stated or appearing to be true, but not necessarily so.**Synonyms:** Apparent, Seeming, Supposed**Antonyms:** Actual, Genuine, Real**Sentence:** His ostensible reason for being late was traffic, but in reality, he just overslept.**7. SUSCEPTIBILITY (NOUN): संवेदनशीलता****Pronunciation:** suh·sep·tuh·bil·uh·tee**Meaning:** the state or fact of being likely or liable to be influenced or harmed by a particular thing.**Synonyms:** vulnerability, sensitivity, receptiveness**Antonyms:** immunity, resistance, insusceptibility**Sentence:** Some people have a higher susceptibility to colds and coughs than others.**8. BEHOVE (VERB): उचित होना****Pronunciation:** buh·hove**Meaning:** it is a duty or responsibility for someone to do something.**Synonyms:** Befit, suit, fit**Antonyms:** Misfit, be unsuitable, be unfitting**Sentence:** As a responsible citizen, it behoves us to follow traffic rules and keep the streets safe for everyone.**9. LAMBENT (ADJECTIVE): चमकीला****Pronunciation:** lam·buhnt**Meaning:** glowing, gleaming, or flickering with a soft radiance.**Synonyms:** Glowing, radiant, shining**Antonyms:** Dull, dark, gloomy**Sentence:** The moon cast a lambent glow on the lake, creating a peaceful and serene atmosphere.

10. CLAMOUR(VERB) : शोरमचाना**Pronunciation:** klam.uh**Meaning:** a loud and confused noise, especially that of people shouting.**Synonyms:** Noise, racket, uproar**Antonyms:** Silence, quietness, calm**Sentence:** The clamour of the protesters outside the building could be heard from inside.**11. INCLINE (VERB):** झुकाव**Pronunciation:** in.klain**Meaning:** to bend (your head) forward.**Synonyms:** slope, pitch, climb**Antonyms:** disinclined, fall, dip**Sentence:** The road climbs a long incline through a forest.**12. NEOTERIC (ADJECTIVE):** हाल में हुआ**Pronunciation:** nee·oh·ter·ik**Meaning:** new or modern; recent.**Synonyms:** latest, modern, recent**Antonyms:** old, oldfangled**Sentence:** The neoteric design of the building stood out among the surrounding traditional structures.**13. SMIDGEN (NOUN):** थोडा**Pronunciation:** smi·jn**Meaning:** a small amount of something.**Synonyms:** bit, dribble, little**Antonyms:** abundance, barrel, a boatload**Sentence:** The amount of sand I can hold in my hand is a smidgen compared to all the sand on the beach.**14. SNAZZY (ADJECTIVE):** अत्यधिक आकर्षक**Pronunciation:** sna·zee**Meaning:** modern and stylish in a way that attracts attention.**Synonyms:** stylish, flashy, cool**Antonyms:** simple, modest, plain**Sentence:** Innovation is about more than designing snaazzy products. It's also about improving customer experiences and services.**15. COAX (VERB):** मनवाना

Pronunciation: kokes

Meaning: to persuade somebody gently.

Synonyms: wheedle, cajole, persuade

Antonyms: dissuade, tease, harass

Sentence: The trainees were coaxed into doing boring work.

16. IRE (NOUN): गुस्सा

Pronunciation: ire

Meaning: anger.

Synonyms: wrath, outrage, fury

Antonyms: Pleasure, calmness, delight

Sentence: Their ire was directed mainly at the government.

17. CONTEMPLATE (VERB): सोचना

Pronunciation: kawn·tuhm·playt

Meaning: think deeply and at length

Synonyms: ponder, consider, entertain

Antonyms: dismiss, ignore, scorn

Sentence: When the accountant was asked to contemplate the current budget, he discovered many ways the company could save money.

18. AGGRIEVE (ADJECTIVE): व्यथित

Pronunciation: ag·grieve

Meaning: feeling resentment at having been unfairly treated

Synonyms: agitate, discompose, disquiet

Antonyms: satisfy, please, gratify

Sentence: He felt aggrieved at not being chosen for the team.

19. IMPENDING (ADJECTIVE): निकट का

Pronunciation: im·pen·ding

Meaning: (usually used about something bad) that will happen soon.

Synonyms: upcoming, future, on tap

Antonyms: eventual, distant, recent

Sentence: They were in impending danger of being swept away.

20. EMPATHY (NOUN): समवेदना

Pronunciation: em·puh·thee

Meaning: the ability to imagine how another person is feeling and so understand his/her mood.

Synonyms: compassion, mercy, pity

Antonyms: revenge, cruelty, vitriol

Sentence: She'd been incapable of empathy.

21. SOLICIT (VERB): मांगना

Pronunciation: saw·li·sit

Meaning: to ask for or seek earnestly or eagerly, to make a request.

Synonyms: Request, ask for, seek

Antonyms: Refuse, decline, reject

Sentence: She decided to solicit donations for the charity event by reaching out to potential sponsors and asking for their support.

22. GARNER (VERB): संचित करना

Pronunciation: gaa·nuhr

Meaning: to gather or collect, to acquire or obtain.

Synonyms: Collect, gather, accumulate

Antonyms: Disperse, scatter, distribute

Sentence: To garner evidence of anti-social behaviour, the council undertakes covert surveillance.

23. IMPINGE (VERB): प्रभावित करना

Pronunciation: im·pinj

Meaning: to have an effect on something, often causing problems by limiting it in some way

Synonyms: Affect, influence, touch

Antonyms: Avoid, bypass, miss

Sentence: The noise from the construction site impinged on their peaceful afternoon, making it difficult to concentrate or relax.

24. FRAUGHT (ADJECTIVE): भरपूर

Pronunciation: frawt

Meaning: filled with or likely to result in (something undesirable); full of tension or anxiety.

Synonyms: Filled, charged, tense

Antonyms: Empty, vacant, relaxed

Sentence: The atmosphere in the room was fraught with tension as the two leaders engaged in a heated argument.

25. TABOO (ADJECTIVE): प्रतिषेधित

Pronunciation: ta·boo

Meaning: a social or cultural prohibition or restriction, something that is forbidden or prohibited by custom or society.

Synonyms: Prohibition, restriction, banned

Antonyms: Allowed, permissible, acceptable

Sentence: It is a taboo in their culture to speak the name of the deceased.

26. FRIVOLOUS (ADJECTIVE): तुच्छ

Pronunciation: fri·vuh·luhs

Meaning: not having any serious purpose or value, lacking in seriousness or importance, trivial or silly.

Synonyms: Trivial, petty, insignificant

Antonyms: Serious, significant, important

Sentence: We need to focus on important issues rather than wasting time on frivolous matters.

27. TROVE (NOUN): खजाना

Pronunciation: trove

Meaning: a collection or store of valuable or delightful things, a treasure trove.

Synonyms: Treasure, collection, haul

Antonyms: Scarcity, dearth, lack

Sentence: The library is a trove of knowledge and resources for students.

28. SCUFFLE (VERB): झगड़ा करना

Pronunciation: skuh·fl

Meaning: to engage in a short, confused fight or struggle.

Synonyms: Fight, wrestle, brawl

Antonyms: Cooperate, reconcile, collaborate

Sentence: The siblings scuffled over the last piece of cake.

29. ASININE (ADJECTIVE): बुद्धिहीन

Pronunciation: a·suh·nine

Meaning: extremely stupid or foolish.

Synonyms: silly, idiotic, crazy

Antonyms: sensible, wise, sound

Sentence: It was asinine to run into the street like that.

30. EGALITARIAN (ADJECTIVE): समानाधिकारवादी

Pronunciation: uh·ga·luh·teuh·ree·uhn

Meaning: relating to or believing in the principle that all people are equal and deserve equal rights and opportunities.

Synonyms: democratic, modest, unpretentious

Antonyms: disparate, unequal, biased

Sentence: The law was written to impose the egalitarian principle that men and women should be treated as equals.

31. OBFUSCATE (VERB): अंधेरा करना

Pronunciation: awb·fuh·skayt

Meaning: to make something less clear and harder to understand, especially intentionally.

Synonyms: obscure, confuse, complicate

Antonyms: clarify, clear (up), simplify

Sentence: She was criticized for using arguments that obfuscated the main issue.

32. DURESS (NOUN): दबाव

Pronunciation: dyoo·res

Meaning: threats, violence, to force someone into doing something against their will.

Synonyms: pressure, constraint, compulsion

Antonyms: freedom, independence, liberation

Sentence: I think Claire was under duress when she signed the agreement; she never would have voluntarily accepted those conditions.

33. CEREBRATION (NOUN): बुद्धिविवेक

Pronunciation: seh·ruh·bray·shn

Meaning: the process of thinking, using the brain to consider something.

Synonyms: contemplation, pondering, thinking

Antonyms: thoughtlessness, negligence, ignorance

Sentence: His intense cerebration and focus made him a successful scientist.

34. PERFIDIOUS (ADJECTIVE): धोखेबाज़

Pronunciation: puh·fi·dee·uhs

Meaning: deceitful and untrustworthy.

Synonyms: Treacherous, deceptive, disloyal

Antonyms: Loyal, honest, true

Sentence: She described the new criminal bill as a perfidious attack on democracy.

35. CONTRAVENE (VERB): उल्लंघन करना

Pronunciation: kawn·truh·veen

Meaning: to do something that a law or rule does not allow, or to break a law or rule.

Synonyms: Breach, Violate, Infringe

Antonyms: uphold, obey, observe

Sentence: Because your actions contravene the policy, you're being suspended for ten days.

36. SMEAR (VERB): बदनाम करना

Pronunciation: smeeuh

Meaning: damage the reputation of (someone) by false accusations.

Synonyms: libel, slander, defame

Antonyms: honor, exalt, glorify

Sentence: The politician's opponents launched a smear campaign to tarnish his reputation.

37. SPILLOVER(NOUN) : छलकना

Pronunciation: spil·oh·vuh

Meaning: a quantity of something overflow.

Synonyms: tell, leak, reveal

Antonyms: veil, disguise, shade

Sentence: She felt her own tears spill over at the depth of his pain.

38. PERTINENT (ADJECTIVE): संगत

Pronunciation: puh·ti·nent

Meaning: relevant to something.

Synonyms: Connected, Apposite, relevant

Antonyms: Improper, Unfitting, minor

Sentence: He asked me a lot of very pertinent questions .

39. THRESHOLD(NOUN): चौखट

Pronunciation: thresh·holed

Meaning: the ground at the entrance to a room or building.

Synonyms: Commencement, Baseline, Onset

Antonyms: Conclusion, Closure, ending

Sentence: You know when you cross that threshold, there's no going back.

40. UPEND (VERB): समाप्त कर देना

Pronunciation: uhp·end

Meaning: set or turn (something) on its end or upside down.

Synonyms: Flipped, Overturned, overcome

Antonyms: Give up, Collapse, fold

Sentence: I upended the bucket to use as a stool.

41. BUOYED (VERB): प्रसन्न रखना**Pronunciation:** boyd**Meaning:** to keep somebody happy and confident.**Synonyms:** Blissful , Elated, steeled**Antonyms:** Dejected , Melancholy, depressed**Sentence:** Celina greeted her with an approving smile that buoyed her.**42. BLIGHT (NOUN): तुषार****Pronunciation:** blite**Meaning:** to spoil or damage something, especially by causing a lot of problems.**Synonyms:** scourge, bane, curse**Antonyms:** blessing, decoration, ornament**Sentence:** The vacant properties are a blight on the neighbourhood.**43. ASSERTIVE (ADJECTIVE): स्वीकारात्मक****Pronunciation:** uh·suh·tiv**Meaning:** expressing your opinion clearly and firmly so that people listen to you or do what you want.**Synonyms:** aggressive, fierce, ambitious**Antonyms:** unassertive, unaggressive, timid**Sentence:** The job may call for assertive behavior.**44. QUAGMIRE (NOUN): दलदल****Pronunciation:** kvag·mai·uh**Meaning:** a soft wet area of land that has a lot of mud.**Synonyms:** marsh, mire, predicament**Antonyms:** Firm ground, solid footing**Sentence:** The company found itself in a quagmire of debt after a series of bad investments, and it took years to recover.**45. ALACRITY (NOUN): तत्परता****Pronunciation:** uh·la·kruh·tee**Meaning:** great willingness, eagerness or enthusiasm.**Synonyms:** Willingness, enthusiasm, eagerness**Antonyms:** Apathy, reluctance, unwillingness**Sentence:** The employees responded to the boss's request with alacrity, and they finished the project ahead of schedule.**46. CONTENTIOUS (ADJECTIVE): विवादपूर्ण**

Pronunciation: kuhn·ten·shuhs

Meaning: causing or likely to cause an argument; controversial or disputed.

Synonyms: Controversial, disputed, debatable

Antonyms: Agreeable, peaceful, harmonious

Sentence: The issue of climate change is a contentious topic that often leads to heated debates and conflicting opinions.

47. JURISDICTION (NOUN) : क्षेत्राधिकार

Pronunciation: joo·ruhs·di·kshn

Meaning: the official power to make legal decisions and judgments; the extent or range of authority or control.

Synonyms: Authority, control, power

Antonyms: powerlessness, subordination

Sentence: The case was not within the jurisdiction of the local court, so it had to be transferred to a higher court with broader authority.

48. INTRANSIGENCE (NOUN) : कट्टरता

Pronunciation: uhn·tran·zuh·jns

Meaning: refusal to change one's views or to agree about something.

Synonyms: Stubbornness, inflexibility, rigidity

Antonyms: Flexibility, openness, compromise

Sentence: The intransigence of the political leaders prevented them from reaching a compromise and resolving the crisis.

49. GARNER (VERB): इकट्ठा करना

Pronunciation: gaa·nuhr

Meaning: to gather or collect something, especially information or support.

Synonyms: collect, gather, amass

Antonyms: disperse, scatter, distribute

Sentence: She was able to garner enough support to win the election.

50. EUPHEMISM (NOUN): प्रियोक्ति

Pronunciation: yoo·fuh·mi·zm

Meaning: a word or phrase used to avoid saying an unpleasant or offensive word.

Synonyms: metaphor, phrase, term

Antonyms: slur, expletive, swear

Sentence: "Senior citizen" is a euphemism for "old person".

51. BUTTRESS (VERB): समर्थन करना**Pronunciation:** buh•truhs**Meaning:** to give support to or strengthen something.**Synonyms:** support, brace, reinforce**Antonyms:** undermine, weaken, undercut**Sentence:** The new evidence served to buttress his argument for the defendant's innocence.**52. RELINQUISH (VERB):** त्यागना**Pronunciation:** ruh•ling•kvuhsh**Meaning:** voluntarily cease to keep or claim; give up.**Synonyms:** surrender, render, abandon**Antonyms:** retain, keep, withhold**Sentence:** He had to relinquish his position as CEO due to his health issues.**53. CRYPTIC (ADJECTIVE):** गुप्त**Pronunciation:** kript•uhk**Meaning:** having a meaning that is mysterious or obscure.**Synonyms:** enigmatic, mysterious, confusing**Antonyms:** understandable, clear, plain**Sentence:** The message was written in cryptic code that only a few people could decipher.**54. GRASSROOTS (NOUN):** आधार**Pronunciation:** graa•sroots**Meaning:** the most basic level of an activity or organization.**Synonyms:** central, constitutional, elemental**Antonyms:** uncommon, incidental, incident**Sentence:** trying to improve the sport's image at the **grassroots** level.**55. WATCHDOG (NOUN):** निगरानी**Pronunciation:** vawch•dawg**Meaning:** a person or group whose job is to make sure that large companies respect people's rights.**Synonyms:** Guardian, custodian, overseer**Antonyms:** Offender, wrongdoer, culprit**Sentence:** The media serves as a watchdog to hold the government accountable for its actions.**56. FRACAS (NOUN):** कोलाहल

Pronunciation: frak·aaz

Meaning: a noisy disturbance or quarrel.

Synonyms: quarrel, scuffle, brawl

Antonyms: truce

Sentence: Eight people were injured in the fracas.

57. JAMBOREE (NOUN): उत्सव

Pronunciation: jam·buh·ree

Meaning: a large celebration or party, typically a lavish and boisterous one.

Synonyms: rally, gathering, get-together

Antonyms: misery, feud

Sentence: The film industry's annual jamboree was in Cannes.

58. GRAPPLE (VERB): पकड़ना

Pronunciation: gra·pl

Meaning: to get hold of somebody/something and fight with or try to control him/her/it.

Synonyms: Wrestle, fight, struggle

Antonyms: release, relinquishment

Sentence: The athlete had to grapple with his opponent for nearly ten minutes before finally winning the wrestling match.

59. KUDOS(NOUN): प्रशंसा

Pronunciation: kyoo·daws

Meaning: Praise and recognition for an achievement or accomplishment.

Synonyms: Acclaim, applause, recognition

Antonyms: Criticism, condemnation, disapproval

Sentence: The singer received kudos from the audience for his outstanding performance at the concert.

60. COVENANT (NOUN): नियम

Pronunciation: kuh·vuh·nuhnt

Meaning: a formal and binding agreement or contract between two or more parties.

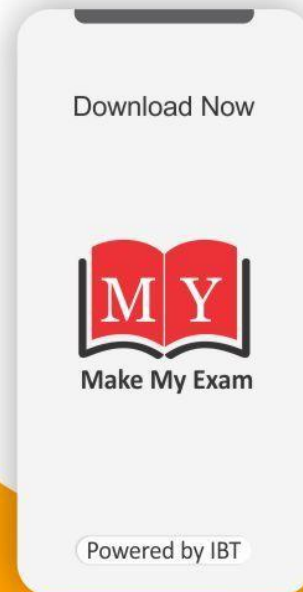
Synonyms: agreement, contract, treaty

Antonyms: disagreement, discord, denial

Sentence: They signed a covenant agreeing to share the profits equally.

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