

DAILY VOCAB DOSE

05th December 2025

WORDS

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Exceptional words of English vocabulary from the newspaper 'The Hindu' are listed here. Go through these words and read the usages to learn how to use them in sentences. After this, take the quiz based on the vocabulary to check how much you learnt. This will really help you boost up your learning.

Happy learning!!!

1. MENDACITY (NOUN): झूठ

Pronunciation: men·da·suh·tee

Meaning: a statement is known by its maker to be untrue and made in order to deceive.

Synonyms: lie, untruth, falsity

Antonyms: truth, veracity, honesty

Sentence: We demand legal warfare on deliberate political mendacity and its dissemination in the press.

2. DITHER (VERB): घबराहट

Pronunciation: di·dhuh

Meaning: to be unable to make a decision about doing something; to be very nervous, excited, or confused.

Synonyms: hesitate, falter, panic, fuss

Antonyms: calm, peace, sense, order

Sentence: The politician began to dither and stutter when asked about his stance.

3. ABSTENTION (NOUN): मतदान न करना

Pronunciation: uhb·sten·shn

Meaning: an instance of declining to vote for or against a proposal or motion; restraint in one's consumption.

Synonyms: abnegation, eschewal, avoidance, reject

Antonyms: indulgence, unconstraint, decide

Sentence: I decided to settle on an abstention when the family voted on where we should eat, as personally, I didn't care where we went.

4. DURESS (NOUN): दबाव

Pronunciation: dyoo·res

Meaning: threats, violence, to force someone into doing something against their will.

Synonyms: pressure, constraint, compulsion, intimidation, coercion

Antonyms: freedom, independence, liberation, persuasion

Sentence: I think Claire was under duress when she signed the agreement; she never would have voluntarily accepted those conditions.

5. DIFFIDENT (ADJECTIVE): संकोच शील**Pronunciation:** di·fuh·dnt**Meaning:** modest or shy because of a lack of selfconfidence.**Synonyms:** shy, bashful, sheepish, introverted**Antonyms:** confident, extroverted, immodest, bold**Sentence:** Although he graduated in the top ten percent of his class, Jules is still diffident about his own intelligence.**6. EBULLIENT (ADJECTIVE): जोश****Pronunciation:** uh·buh·lee·uhnt**Meaning:** cheerful and full of energy.**Synonyms:** exuberant, buoyant, cheerful**Antonyms:** indolent, lazy, sluggish**Sentence:** Jack always felt ebullient after drinking his morning coffee.**7. EXCULPATE (VERB): निर्दोष सिद्ध करना****Pronunciation:** ek·skuhl·payt**Meaning:** show or declare that (someone) is not guilty of wrongdoing.**Synonyms:** absolve, acquit, clear, exonerate**Antonyms:** accuse, arraign, imprison**Sentence:** He exculpates himself from stealing the money.**8. RELEGATE (VERB): बाहर निकाल देना****Pronunciation:** reh·luh·gayt**Meaning:** consign or dismiss to an inferior rank or position.**Synonyms:** downgrade, lower in rank, put down**Antonyms:** ascent, rise, upswing**Sentence:** In spite of her strong commitment to her job, she vowed she would never relegate her maternal duties to a nanny.**9. VAUNT (VERB): बड़ाई करना****Pronunciation:** vawnt**Meaning:** boast about or praise (something), especially excessively.**Synonyms:** boast, brag, pride**Antonyms:** belittle, underrate**Sentence:** Even the noblest of fellows have been known to vaunt a bit.**10. HALE AND HEARTY (ADJECTIVE): चौकाना**

Pronunciation: hail and har-tee

Meaning: of a person, especially an elderly one) strong and healthy

Synonyms: healthy, well, fit

Antonyms: ill, feeble, sick

Sentence: She was still hale and hearty in her nineties.

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