

DAILY **VOCAB DOSE**

25th December 2025

WORDS
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Exceptional words of English vocabulary from the newspaper 'The Hindu' are listed here. Go through these words and read the usages to learn how to use them in sentences. After this, take the quiz based on the vocabulary to check how much you learnt. This will really help you boost up your learning.

Happy learning!!!

1. RETRACT (VERB): वापस लेना

Pronunciation: ruh·trakt

Meaning: take back.

Synonyms: withdraw, unsay

Antonyms: assert

Sentence: He was forced to retract an opinion too liberal for the time.

2. UNSEEMLY (ADJECTIVE): अनुचित

Pronunciation: uhn·seem·lee

Meaning: indecorous.

Synonyms: improper, inappropriate

Antonyms: seemly

Sentence: The discussion led to nothing but an unseemly squabble.

3. CATHARSIS (NOUN): शुद्धिकरण

Pronunciation: kuh·thaa·suhs

Meaning: purging.

Synonyms: purgation, purification

Antonyms: repression

Sentence: Music is a means of catharsis for many of us.

4. INFANTILE (ADJECTIVE): बचकाना

Pronunciation: in·fuhnt·ile

Meaning: childish.

Synonyms: babyish, immature

Antonyms: mature

Sentence: The point about fairies etc. is so infantile in logic I can barely contain my disbelief.

5. INGRAINED (ADJECTIVE): दीर्घस्थायी

Pronunciation: in·graynd

Meaning: entrenched.

Synonyms: established, fixed

Antonyms: transient

Sentence: She wanted to wake up with his scent ingrained in her skin.

6. COMPETENCE (NOUN): योग्यता

Pronunciation: kawm·puh·tns

Meaning: capability.

Synonyms: ability, competency

Antonyms: incompetence

Sentence: Courses were launched to improve the competence of staff.

7. OMINOUS (ADJECTIVE): अमंगल

Pronunciation: aw·muh·nuhs

Meaning: threatening.

Synonyms: menacing, baleful

Antonyms: promising

Sentence: My ominous tone didn't register with him.

8. DISTEND (VERB): फूलना या फूलाना

Pronunciation: duh·stend

Meaning: swell.

Synonyms: bloat, bulge

Antonyms: shrink

Sentence: The abdomen distended rapidly.

9. STRICKEN (ADJECTIVE): तंग

Pronunciation: stri·kn

Meaning: troubled.

Synonyms: affected, afflicted

Antonyms: unaffected

Sentence: The pilot landed the stricken aircraft.

10. CAJOLE (VERB): चापलूसी करना

Pronunciation: kuh·jole

Meaning: persuade.

Synonyms: wheedle, coax

Antonyms: bully

Sentence: He hoped to cajole her into selling the house.

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