

THE DAILY GK DOSE

RBI Appoints Monisha Chakraborty as Executive Director



- She has over 30 years of experience in banking supervision, financial regulation and risk management.
- As Executive Director, she will oversee the Department of Supervision, responsible for regulating commercial banks, small finance banks, payment banks and NBFCs.
- RBI Headquarters: Mumbai. Established: 1 April 1935. Nationalised: 1 January 1949.
Governor: Sanjay Malhotra.

Glaw Lake Becomes Arunachal Pradesh's First Ramsar Site



- The recognition was granted under the Ramsar Convention on Wetlands of International Importance.
- The lake situated in Lower Dibang Valley district.
- The Ramsar Convention was adopted in 1971 at Ramsar, Iran. World Wetlands Day: 2 February.

Tamil Nadu Gets 'Best State' Award for Organ Donations

- The award was presented based on the state's highest performance in deceased organ donation and transplantation.
- The recognition is based on data maintained under the National Organ and Tissue Transplant Organization (NOTTO).
- The state operates a transparent organ allocation system through TRANSTAN (Transplant Authority of Tamil Nadu).

A.N. Pramod Becomes Deputy Chief of Naval Staff



- Vice Admiral A. N. Pramod, AVSM, YSM assumed charge as the Deputy Chief of the Naval Staff (DCNS) on 1 August 2026. He succeeded Vice Admiral Tarun Sobti.
- As DGNO, Vice Admiral Pramod played a key role in the planning, preparedness, and operational readiness of the Indian Navy during Operation Sindoor.
- Indian Navy Headquarters: New Delhi. Chief of Naval Staff: Admiral Dinesh K. Tripathi.

BEL Signs MoU with Esri India for Defence GIS Projects



- Bharat Electronics Limited (BEL), a Navratna Defence PSU under the Ministry of Defence, signed a Memorandum of Understanding (MoU) with Esri India Technologies Pvt. Ltd.
- Objective is to develop Geographic Information System (GIS) solutions for defence applications.
- BEL is a Navratna Defence Public Sector Undertaking under the Ministry of Defence. BEL Headquarters: Bengaluru.

President Approves Maharashtra Freedom of Religion Act, 2026



- The Act aims to prevent religious conversion through force, fraud, coercion, undue influence or allurement.
- Illegal religious conversion can attract up to 7 years' imprisonment and a fine up to ₹1 lakh.
- The President grants assent under Article 201 of the Constitution.

Tata's Agratas Develops Indigenous Lithium Cell Technology



- Agratas, the battery manufacturing company of the Tata Group, developed indigenous lithium cell technology.
- It also supports the PLI Scheme for Advanced Chemistry Cell (ACC) manufacturing.
- Lithium-ion cells are used in EVs, mobile phones, laptops and energy storage systems.

India Secures 4th Place with 39 Medals at Commonwealth Games



- India won 39 medals (14 Gold, 12 Silver and 13 Bronze).
- Australia finished at the top of the medal table. The 2026 Commonwealth Games were held in Glasgow, Scotland.
- Next Commonwealth Games: Ahmedabad, India (2030).

PHYSICS SI UNITS

SI Unit of Force = **Newton (N)**

SI Unit of Energy = **Joule (J)**

SI Unit of Power = **Watt (W)**

SI Unit of Pressure = **Pascal (Pa)**

SI Unit of Frequency = **Hertz (Hz)**

SI Unit of Electric Current = **Ampere (A)**

SI Unit of Electric Resistance = **Ohm (Ω)**

SI Unit of Potential Difference = **Volt (V)**

WHAT HAPPENED TODAY?

04-08-2026 / TUESDAY

4 August 1956 – APSARA, Asia's first nuclear research reactor, achieved criticality at Trombay, Mumbai. It was developed with UK assistance and marked the beginning of India's nuclear research programme.